

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Listening games, boundary games e.g traffic lights Dance Unit-On Parade 'Moving with control'	Dance STEP: pathways -Variety of movement -Changing pace -Dynamics-response to music	Gymnastics Unit-Fun gym shapes Expectations on moving on and around apparatus	Gymnastics Unit- Move and hold	Outdoor Games Dance Unit- Toys	Outdoor Games Fundamentals Unit: -Sports day practice
Year 1	Gymnastics Jumping Jacks Games Fundamentals Unit 1:	Dance Weather Games Fundamentals Unit 2:	Gymnastics Rock and Roll Games Kicking & Striking	Dance Country dancing Games Rolling & receiving	Dance African dance Games Roll Receive Strike Games Throwing & Catching	Gymnastics Travel and stop Games Sports Day multiskills
Year 2	Games Fundamentals Gymnastics Body shape (CAS)	Games Dribble, Kick, Receive (CAS) Dance Great Fire of London	Gymnastics Points of contact Games Throw, Catch, Strike (CAS)	Games Strike field (CAS) Gymnastics Rock and Roll (CAS)	Gymnastics Ball. Tall and Wall Games Jump rope Dance Magical friendships	Dance Ugly Bugs Ball Games Multi skills festival
Year 3	Gymnastics Hand apparatus – Games Ball handling skills	Games Ball in ground: Football Games New: Striking and Fielding games	Gymnastics Patterns & pathways – Games: Ball handling skills	Orienteering	Swimming - Athletics: Challenges Games Ball in ground: Hockey	Dance Egyptian dance Swimming Games Rounders
Year 4	Games Invasion –Ball on the ground Football Games Net games – Tennis Coaching by Matt Perry	Games Invasion –netball Gymnastics Principles of Balance	Gymnastics Rotation Games Aiming – archery, New Age Kurling, Boules	Outdoor activities – team building Gymnastics Flight (CAS)	Games Cricket Dance Country dancing	Athletics Pentathalon Dance Haka
Year 5	Games Invasion games Netball Swimming	Gymnastics Paired composition Swimming	Gymnastics Press and Go Games Invasion games Football	Games Strike and Field (CAS) Dance Dance styles	Games Tennis Dance African(CAS)	Athletics Heptathlon Games Rounders

Year 6	Games Tag Rugby - invasion games Gymnastics group work	Dance Lara Croft dance Games Hockey	Gymnastics Body Symmetry Games Football	Games Basketball Games Pop Lacrosse	Athletics Decathlon Games Cricket	Games Rounders Games Ultimate frisbee
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