

Milton Road Primary School

Policy Statement for Sex & Relationship Education

The Governing Body has determined that Sex & Relationship Education (SRE) should be provided at Milton Road Primary School.

Introduction

SRE is an important part of the curriculum in preparing children for adult life. It helps them to understand that positive, caring environments are essential for the development of a good self-image and that individuals are in charge of and responsible for their own bodies. It provides knowledge about the processes of reproduction, sex and relationships. It encourages attitudes which allow children to understand and respect their own and other people's bodies.

The School's Specific Aims

- To develop children's notions of self-esteem and self-worth
- To increase children's respect and understanding of their own and other's bodies
- To develop in children a caring and considerate attitude to each other and to society
- To develop in children a sensitivity and respect for others, regardless of gender, race, creed or culture
- To increase children's confidence in forming relationships
- To develop in children responsibility in their relationships
- To help children become aware of their own emotions and how to manage them
- To assist children in making healthy, positive choices
- To protect children from abuse
- To develop in children a clear understanding of their bodies, including the changes that have taken place since birth and those that will take place in the years ahead
- To teach children the reproductive processes in humans and animals, using the correct vocabulary
- To help children to acquire a basic knowledge of human development, highlighting the part played by families
- To prepare children for adult life

The School's Approach

Parents are the key figures in helping their children to cope with the physical and emotional aspects of growing up and in preparing them for the challenges and responsibilities that sexual maturity brings. We intend our delivery of SRE to be complementary to and supportive of the parental role. The teachers answer children's

questions relating to sexual matters in a frank, sensitive manner at the level judged to be appropriate to the maturity and needs of the questioner. Consideration is given to any religious beliefs, ethnic traditions or cultural views which may have a bearing on the discussion of sexual and relationship issues.

In order to meet our aims we will teach the following learning objectives at Key Stage One

- That animals, including humans, grow and reproduce
- That humans and other animals can grow and produce offspring and these grow into adults
- The basic rules for keeping themselves safe and healthy
- About safe places to be and safe people to be with
- The needs of babies and young people
- Ways in which individuals are similar to and different from others
- The names of the main parts of the body
- That individuals have control over their actions and bodies
- Why families are important for caring , sharing and nurturing.

During their four years at Key Stage Two, children are introduced to topics relating to growth, development and reproduction, for example the life cycles of certain living creatures, including humans. The topic is dealt with in two stages. In Year Five, children learn about the importance of hygiene and the physical changes that take place at the onset of puberty. In Year Six, children revise the work from Year 5 and, in addition, learn about conception, pregnancy and birth. Contraception is briefly introduced in preparation for further study in secondary school. Parents of children in Years 5 and 6 are invited to attend a preview meeting led by our Community Link Nurse and school staff, in which samples of the resources to be used in SRE may be viewed.

The school's approach to SRE emphasises the love and care needed in the upbringing of children and the responsibility involved in bringing a new person into the world. We hope that parents will welcome the fact that SRE is included in the curriculum and be able to use it as an opportunity to discuss and share the onset of puberty with their children. However we respect the right of individuals to be able to withdraw their child from all or part of the SRE programme.

Conclusion

By following this policy, we seek to prepare our children for an independent and happy life, in which they understand the importance of stable and loving relationships.